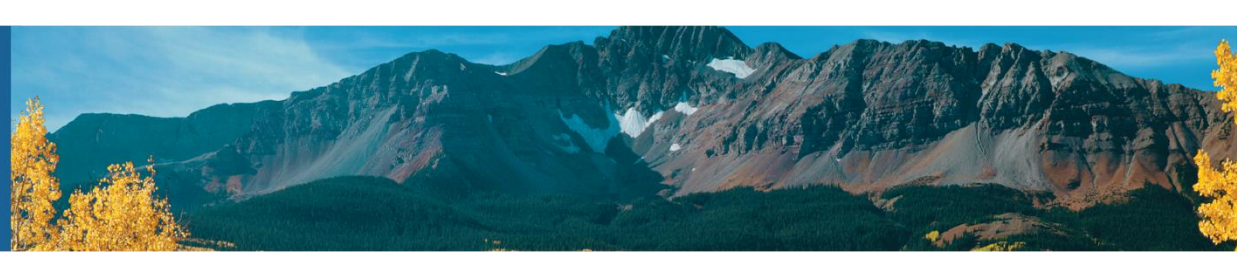




**ASRM 2024**  
*Equity, Access, and Innovation*



# ACCURACY AND USABILITY OF THE YO (3.0) HOME SPERM TEST

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# Disclosures & Acknowledgements



- Natan Bar-Chama is a Medical Advisor at Genentech / Roche Pharmaceuticals and at WINFertility
- Lev Rabinovitch is the Chief Technology Officer at Medical Electronic Systems
- This study was funded by Medical Electronic Systems (MES), Encino, California

# Background



- Updates to Male Infertility: AUA / ASRM Guideline (2024)<sup>1</sup>
  - The male and female should be evaluated for infertility in parallel
  - The initial male evaluation is comprised of reproductive history and one or more semen analysis
  - Male reproductive experts should evaluate patients when indicated by one or more abnormal semen parameters or presumed male infertility.
- Barriers to Semen Analysis / Resulting in Delay in Diagnosis and Fertility Treatment
  - Access to care
  - Financial
  - Time off work
  - Psychological barriers

# WHO 6th Edition Manual



The most recent 2021 World Health Organization laboratory manual for the examination and processing of human semen acknowledges At-Home Semen Analysis and notes that smartphone–based home sperm tests

***“Could become a useful means for men to seek early proper medical advice, investigation, and causal treatment.”***

# Amateur vs Professional Users of the YO Home Sperm Test: An Assessment of Usability<sup>1</sup>

- The largest blinded, prospective study to date on a home sperm testing device
  - Accuracy of 316 amateur YO home sperm test results compared to a professional-grade SQA analyzer (>95.0%)
  - Accuracy of 316 amateur YO home sperm test results compared to 3 professionally trained YO test technicians (>97.0%)
- Established the YO Home Sperm Test as the first and only FDA-cleared device to assess motile sperm concentration (MSC) on a smartphone.

## Agreement: YO Lay User vs SQA Professional User

YO by Lay User	SQA by Professional User		
	Positive	Negative	Total
Positive	81	9	90
Negative	4	222	226
Total	85	231	316

**PPA % = 95.3% / NPA % = 96.1%**

## Agreement: YO Lay User vs YO Trained User

YO by Lay User	YO by Trained User		
	Positive	Negative	Total
Positive	87	3	90
Negative	3	223	226
Total	90	226	316

**PPA % = 96.7% / NPA % = 98.7%**

# YO (3.0) Additional Sperm Parameters



Measured Parameter	Previous YO	New YO (3.0)
Motile Sperm Concentration (M/mL)	✓	✓
Sperm Concentration (M/mL)	✗	✓
Motility (%)	✗	✓
Progressive Motility (%)	✗	✓
Progressive Motile Sperm Concentration (M/mL)	✗	✓
Normal Morphology (%)	✗	✗
Volume (mL)	✗	✗

# YO (3.0) Home Sperm Test



- Quantitative results for 5 sperm clinical parameters
  - Concentration (M/mL)
  - Motility (%)
  - Progressive Motility (%)
  - Motile Sperm Concentration (MSC) (M/mL)
  - Progressive MSC (M/mL)
- Video documentation of ejaculated sperm
- Comprehensive report and video that the patient can share with a medical professional
- Secure cloud storage of all results, videos, and reports



# YO (3.0) Home Sperm Test





# Study Objective

- To assess the accuracy of a quantitative semen analysis performed by lay users operating the YO (3.0) Home Sperm Test, compared to trained technicians using the laboratory-grade SQA Sperm Quality Analyzer
- User experience feedback



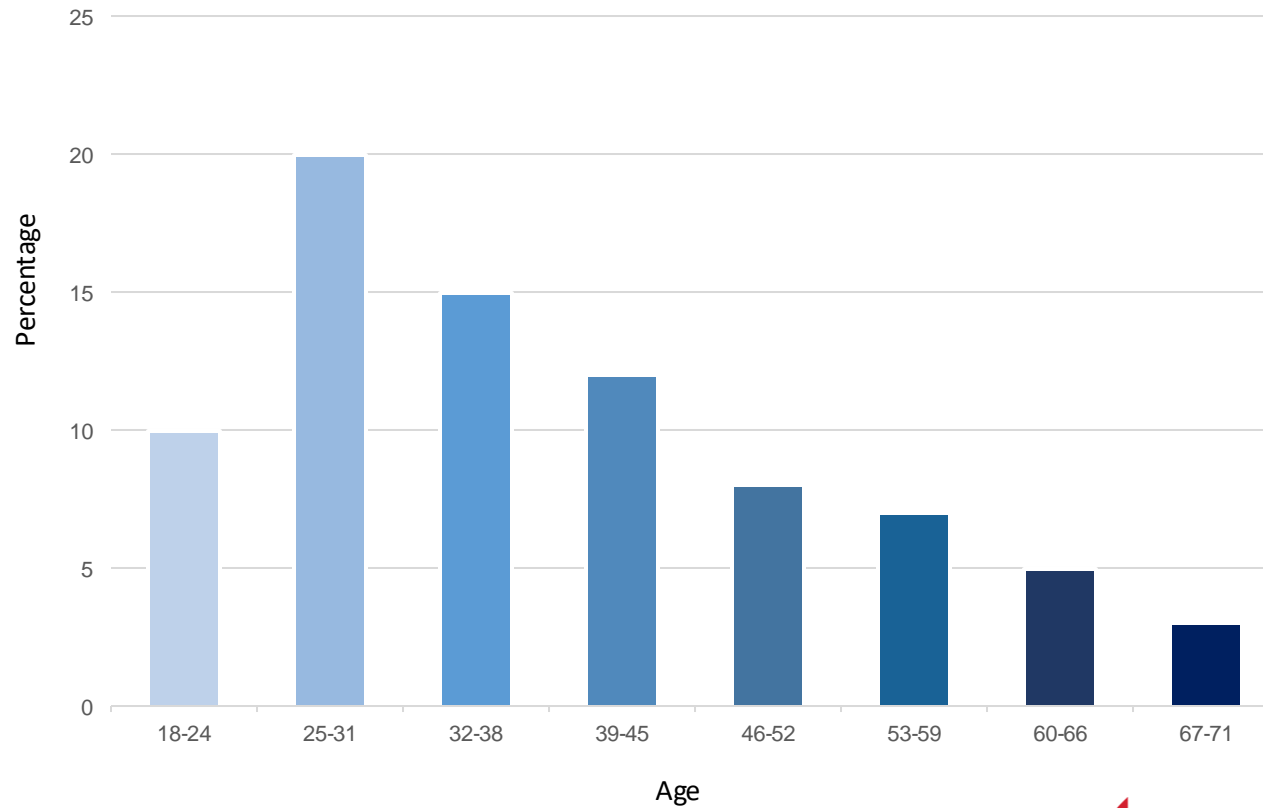
# Materials and Methods



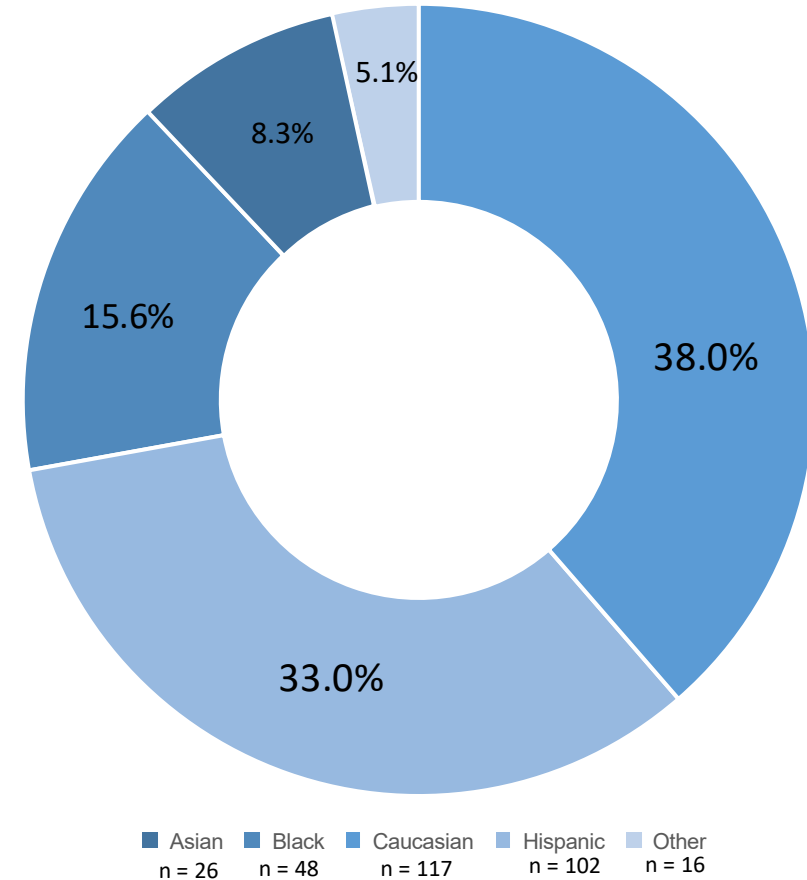
- This double-blind prospective study was conducted at three study sites, with a total of 309 lay users using only the instructions provided in the YO Home Sperm Test Kit and the Smartphone App
- Concurrently, blinded testing was performed on the same semen sample by professionally trained technicians using the FDA-cleared laboratory-grade SQA Automated Sperm Quality Analyzer
- Passing-Bablok regression analysis was conducted using MedCalc software.
- Additionally, lay users provided feedback on their experience performing the YO (3.0) Home Sperm Test

# Demographics | Lay User (n=309) Age & Ethnicities

**Age Range**  
Mean:  $28 \pm 7.4$  Years

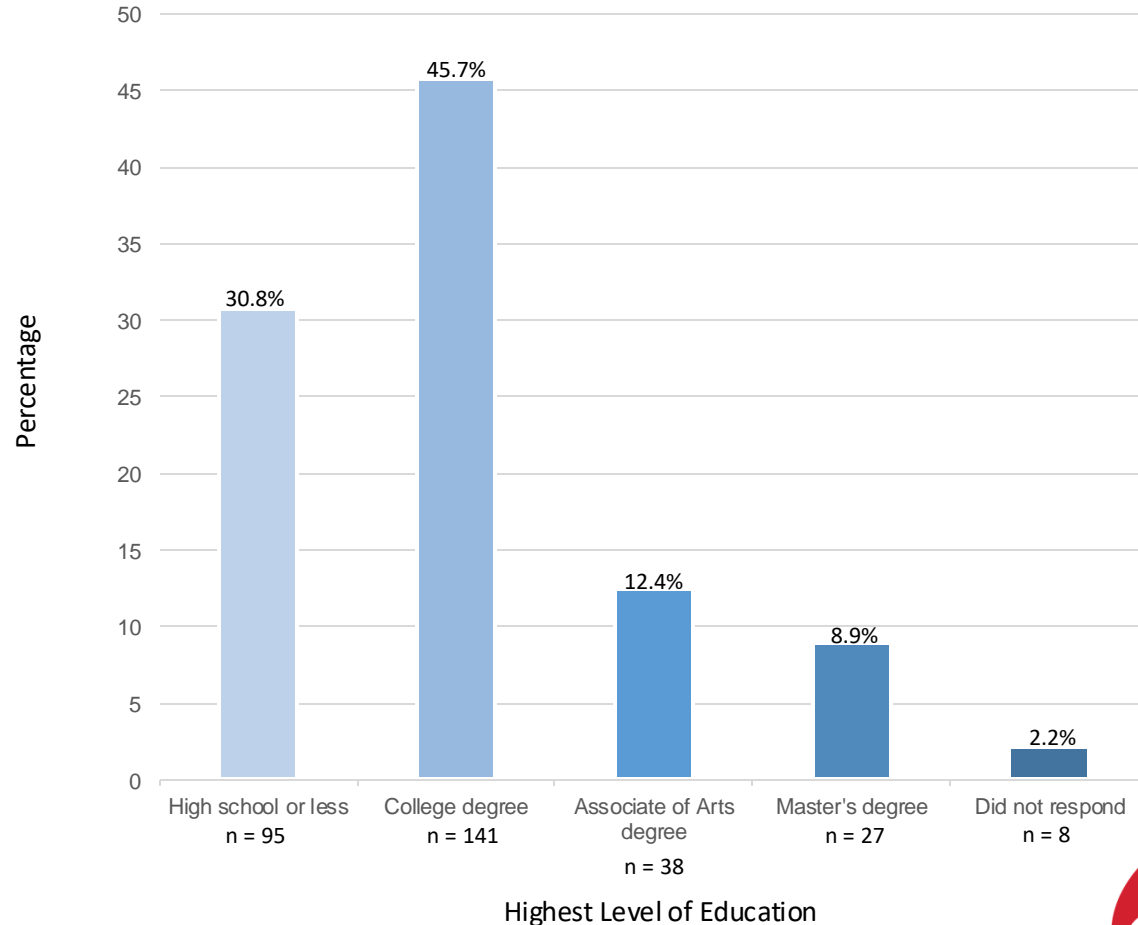


**Ethnicities**

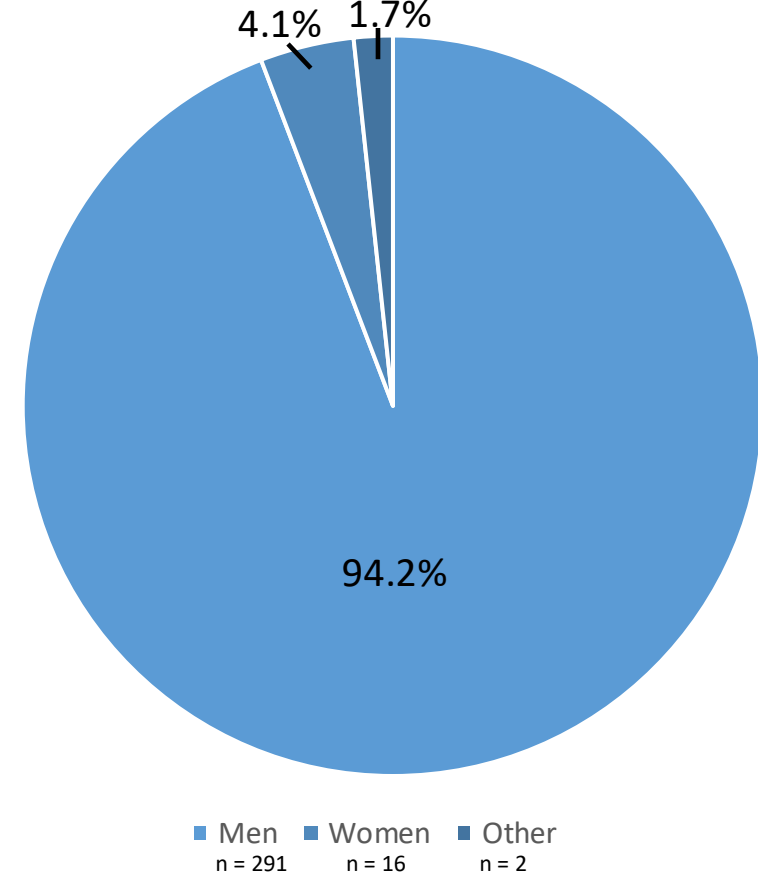


# Demographics | Lay User (n=309) Education & Gender

## Education



## Gender



# Results: YO (3.0) Home Sperm Test Lay Users vs. Trained Technicians using the SQA Semen Analyzer



A correlation of  $\geq 90\%$  was noted for Sperm Concentration, Sperm Motility, Motile Sperm Concentration and Progressive Motile Sperm Concentration

YO (3.0) Home Sperm Test (Lay Users) vs. SQA Automated Semen Analyzer (Trained Technicians) n = 309			
Semen Parameters	Intercept	Slope	Correlation
Concentration (M/ml)	2.28	0.86	<b>0.93</b>
Motility (%)	0.00	1.05	<b>0.90</b>
Progressive Motility (%)	-0.47	1.24	<b>0.88</b>
Motile Sperm Concentration (M/mL)	1.84	0.92	<b>0.94</b>
Progressive Motile Sperm Concentration (M/ml)	-0.04	1.03	<b>0.94</b>



# Results: YO (3.0) User Experience

> 90% of Lay Users described the YO (3.0) user experience as very clear and easy to follow

Category	Very Clear & Easy to Follow (%)	Somewhat Clear & Easy to Follow (%)	Neutral (%)	Somewhat Unclear but Can be Followed (%)	Unclear & Difficult to Follow (%)
YO Video	92.38	6.9	0.63	0.00	0.00
Instructions for use	91.11	6.0	2.0	0.00	0.00
App Instructions	94.92	5.08	0.00	0.00	0.00
Video for preparing the YO Slide	95.87	5.08	0.00	0.00	0.00
Instructions for Slide Insertion	93.67	4.76	0.95	0.32	0.00
Overall YO (3.0) Semen Test	93.65	5.31	0.78	0.06	0.00





# Conclusions: YO (3.0) Home Sperm Test



- Using the YO (3.0) Home Sperm Test, lay users were able to accurately perform quantitative semen analysis for the following parameters:
  - Concentration (M/mL)
  - Motility (%)
  - Progressive Motility (%)
  - Motile Sperm Concentration (M/mL)
  - Progressive Motile Sperm Concentration (M/mL)
- The YO (3.0) is not intended to replace a comprehensive semen analysis performed in an andrology laboratory.
- The YO (3.0) Home Sperm Test has the potential to
  - Increase access to male fertility screening
  - Enable better adherence to the Male Infertility Practice Guidelines (2024)
  - Expedite the journey to parenthood and implementation ART recommendations
- The YO (3.0) continues to be the only FDA-cleared smartphone-based at-home sperm test with live video



# References



- WHO laboratory manual for the examination and processing of human semen, Sixth Edition, World Health Organization 2021
- Agarwal et al. Home sperm testing device versus laboratory sperm quality analyzer: comparison of motile sperm concentration. Fertility and Sterility, Volume 110, No.7, Dec. 2018
- Bar-Chama et al. Amateur vs Professional Users of the YO Home Sperm Test: An Assessment of Usability. Urology Volume 190 p162-169 August 2024

# Thank You!

